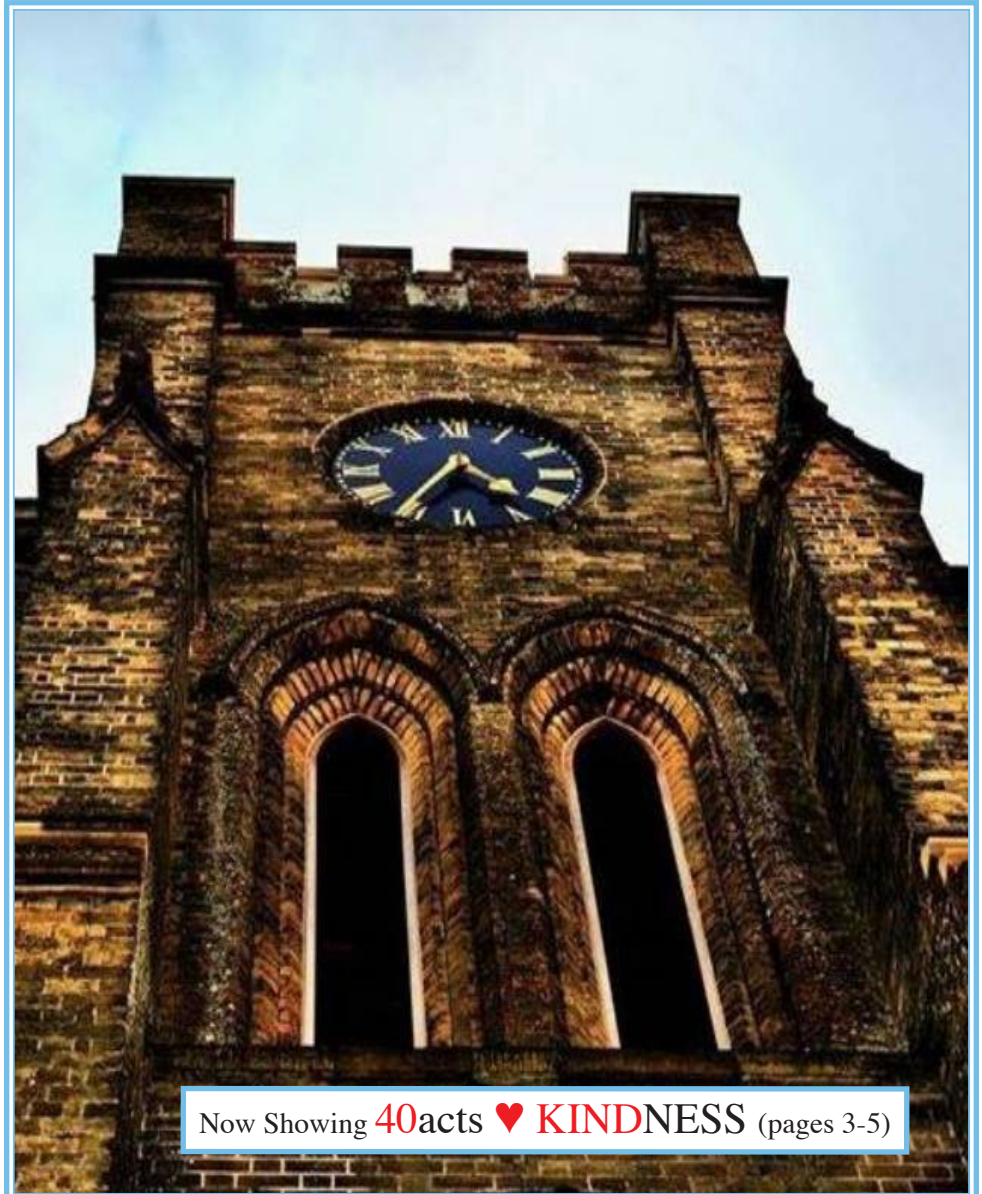


Issue 32: Random Acts of Kindness



Now Showing **40**acts ♥ **KINDNESS** (pages 3-5)

Welcome

Thank you to everyone who has made a contribution for this issue with the theme of *Random Acts of Kindness*. If you have a contribution that you would like to be considered for a future magazine article, limiting it to 250 words, please email ideas to: htmazine@htscf.org.uk

Our next issue will be called *Who cares?*

Future Events

MARCH

Fairtrade stall Sunday 18th March after 9.30am service
Mothers' Union - *Wedding? Think Church* Tuesday 20th March at 2pm
Messy Church - *Holy Week* Thursday 22nd March at 4pm-6pm
(Doors open 3.30pm)

H o l y W e e k

Stations of the Cross at St Columba Monday 26th March at 7pm (45 minutes)
People Alone Circle Tuesday 27th March at 2pm-4pm
Taize Service for Lent at St Columba Tuesday 27th March 7pm (45 minutes)
Compline (Night Prayer) at St Columba Wednesday 28th March 7pm (30 minutes)
Holy Communion with Foot Washing Maundy Thursday 29th March at 7pm
Joint Service at Hill Park Baptist Church or Good Friday 30th March 9.45am
The Hub (to be confirmed) (followed by Hot X Buns at The Hub)
CTiF Walk of Witness service Good Friday 30th March at 10am
The Way of the Cross Good Friday 30th March at 2pm

APRIL

E a s t e r S u n d a y

Holy Communion at St Columba Easter Sunday 1st April at 8am
Holy Communion at Holy Trinity Easter Sunday 1st April at 8am
Family Communion at Holy Trinity Easter Sunday 1st April at 9.30am
(with Easter Egg Hunt)
Family Communion at St Columba Easter Sunday 1st April at 10am
(with Easter Egg Hunt)
PraiseMakers Easter Sunday 1st April 4-5pm
(25 minute service followed by tea)



Police Male Voice Choir Saturday 7th April at 7.30pm
Fairtrade stall Sunday 15th April after 9.30am service
Mothers' Union - *The story of Braille* Tuesday 17th April at 2pm
Lunchtime Concert - *Oliver MacFarlane - Organ* Tuesday 24th April at 12.30pm-1.15pm
(bring lunch, tea and coffee available)
People Alone Circle Tuesday 24th April at 2pm-4pm

Past Events

Defibrillator was Installed

Thanks to Nigel Dean's Memorial Defibrillator Fund Holy Trinity has a Defibrillator.



Remembrance Sunday



**Mothers' Union
prepare
for Mothering
Sunday
followed by
Mothering
Sunday**



PraiseMakers



40acts of Lent

WHAT IS 40acts?

40acts is a generosity challenge for Lent – think of it as a daily devotional with a practical edge. It is 100% unashamedly Christian, with reflections provided by a wonderful mix of Christian church and ministry leaders, writers and teachers. The daily challenges cover an accessible range of generosity-related themes. Some days are about giving time, others about giving practical help, while some deal with generosity of our finances, our influence and much more.

Which of these could you try to achieve before the end of Lent?

Make a card /
write a note for a
friend and leave it
somewhere they
will find it.

Chat with
someone outside
your usual circle
of friends.

Tell somebody
why you think
they are special.

Don't interrupt,
listen carefully
– you may learn
something new.

Make someone
laugh!

Say something nice
to someone.

Make an extra
effort to smile
more at people
you see.

40acts of Lent Cont.

If someone does something for you, make sure you say thank you.

40 days = 40acts ♥ KINDNESS

Ask somebody to tell you about themselves and listen closely to what they say.



DO LENT
GENEROUSLY

Be the first to say sorry or to offer help today.

At the end of the day write down 5 things to be thankful for.

Find out the names of some local people like shopkeepers, then greet them by their name.

40acts of Lent Cont.

During Lent



During Lent I've been trying to complete the 40acts of kindness. After completing the kindness calendar for advent, I was happy to take on the challenge of completing the 40acts of kindness for Lent. So Here are some of my favourite and most successful acts.



My favourite act was trying to make people laugh and smile this is because it doesn't just make the people around you happy but also makes you happy.



Taking part in the 40acts I've learnt lots about the people around me because I've been listening to people more carefully.



One day I looked through my wardrobe and decided to donate some clothes to charity that I didn't use anymore.

I can't wait to complete as many more acts of kindness before the end of Lent. Being kind is not just for Lent I'm using this as an eye opener for the rest of the year.

Sophie Ann Wilson

Hampshire Police Male Voice Choir



Concert

Saturday 7th April 2018 at 7:30pm

at Holy Trinity Church, West Street Fareham



by Hampshire Police Male Voice Choir

Refreshments will be served

Proceeds to Holy Trinity Major Projects Fund

Tickets £12 from the Parish Office (01329 232688) or from
Sheila Clark at Holy Trinity

Parish Register

Baptisms



Alba Crean-Allen
Oscar Bruton
Sofia Smowton

Weddings

Stuart Frank and Amy Gibb
22nd December 2017



Those who have recently died

Brian Lovegrove
David Lewis
Don Gale
Doris Bird
Helen Dunbar Francis
Joan Croach
June Walters
Keith Brewer

Nesta Hunt
Norah Hack
Robin Stamp
Roger Carpenter
Vera Conduct
Vivian Norsworthy
Vivian Walkins

If you would like to arrange a Baptism, Confirmation or Funeral please contact the Parish Office to make an appointment.

Parish People

Sandra was born in Dewsbury, West Yorkshire, and moved to Bridlington, on the east coast, when she was just a year old.

Sandra has a younger brother called Paul, who now lives in America. As a family, they attended Holy Trinity Church in Bridlington where Sandra married Peter in 1966. Sandra was a

talented seamstress and made her own wedding dress. Peter and Sandra had known each other since the age of 11, attended the same school and were confirmed on the same day. Sandra has fond memories of the church youth club that everyone went to.

Peter was in the Navy so in 1966 they moved south to Rowner, Gosport.

Parish People Cont.



Sandra found work as a seamstress at a company called George White, near Fort Brockhurst, that made clothes for Mothercare and RAF uniforms.

Her daughter, Angela, was born in 1968 and Sandra continued to make clothes for family and friends on her machine at home. Angela was baptised back home in Bridlington. Mark was born in Henley as Sandra's parents were living there and they could look after Angela as her dad was away at sea.

In 1981 Peter, now out of the Navy, secured a job in Bracknell. The family moved to Wokingham where the children finished their schooling.

Sandra and Peter moved to Fareham in 2000 to be closer to their daughter and new grandchild, Amy. Sandra found a part time job at a cafe in Lee on Solent called The Teapot. It was here that she met Grace who attended Holy Trinity Church in Fareham. Grace invited Sandra along to a church service and she has been attending ever since.

Sandra is a valuable member of the

catering team and helps to provide the food for PraiseMakers, Messy Church and Little Fishes Go Big! She is also part of the baptism group and enjoys meeting new families. Sandra is also a church welcomer on a Monday and part of the coffee team on Sundays. She is also a Holy Duster, keeping the church clean and tidy. Peter supports her with big church events and has made wooden resources for Godly Play.

Sandra really enjoys the friendships she has made at Holy Trinity and feels that the church has a welcoming atmosphere. Her favourite service is Carols by Candlelight when the church is packed with people. This atmospheric service really starts the Christmas celebrations for Sandra.

When she has time away from church, Sandra enjoys being with her family, she has four grandchildren and family gatherings are always full of fun and laughter. Sandra also enjoys quieter activities of doing jigsaws, cross stitch and making birthday cards.

Donna Irving

Thoughts from our Rector



Random acts of kindness

Is kindness taught or caught? Are we born kind or do we have to learn it? There's no doubt, some people seem to have a greater capacity to be kind than others.

The first couple of chapters of Genesis illustrate we have power to choose: to do good things for others, or to protect or further our own interests. Kindness is a character trait that's valued by other religions and cultures too.

A kind speech and forgiveness is better than alms followed by injury.
Islamic Proverb

Kind words will unlock an iron door.
Kurdish Proverb

Forget injuries, never forget kindnesses.
Chinese proverb

and this one made me smile:

A word of kindness is better than a fat pie.
Russian Proverb

Practising kindness has a 'boomerang' effect – something changes in us - we feel better too! There are times, though, when to be kind involves decisions and deeds that can 'go against the grain'. It requires courage and determination. What might help us get into the habit of practising kindness? Random Acts of Kindness (RAK) Week was in February and is a national initiative to encourage the spreading of kindness in our schools, organisations and communities. Lent began on 14th February, an opportunity to become more disciplined, take up new ideas and develop good habits. There are lots of initiatives available, one of which I like is <https://40acts.org.uk/> where you can sign up to have a suggestion and thought emailed every day. Just imagine, if we did just a small thing every day, what a difference that would make to others and us!

Be kind to one another, tender-hearted, forgiving each other, just as God in Christ also has forgiven you.
Ephesians 4:32

So be kind to yourself, to others and to God.

Services

Regular services at Holy Trinity

SUNDAY	8.00am	Holy Communion
	9.30am	Family Communion
MONDAY	8.30am	Holy Communion
TUESDAY	8.45am	Morning Prayer @ at St Columba Church
WEDNESDAY	9.00am	Morning Prayer
	9.30am	Little Fishes
	10.30am	Holy Communion
THURSDAY	9.15am	Morning Prayer @ the Highlands Hub

We look forward to welcoming you to our church community

Interested in Godly Play?

One day Godly Play
Introduction Course
on
Saturday 30th June
at
Holy Trinity
between 9.45am – 4.30pm



For those interested in learning basic skills or thinking of starting Godly Play.

Are you interested?

Contact Helen Cobb
01329 234750
hmcathe@btinternet.com

Church Groups

There are many groups at Holy Trinity, if you would like to find out more, please contact the group leader or the Parish Office

Band • [Sue & Pete Hall](#) • 01329 233775 • thehall.family@virgin.net

Choir • [Gordon Uphill](#) • 01329 823364 • guphill@talktalk.net

Circle Dancing • [Trisha Prosser](#) • 01329 235381 • patpro@talktalk.net

Flower Arrangers • [Sue Purcell](#) • 01329 280472 • spurcell@btopenworld.com

Gardeners • [Ed and Margaret Pearce](#) • 01329 238068

Holy Dusters • [Sylvia Coghlan](#) • 01329 232200

House Group • [Sue Craft](#) • 01329 220021 • sel.mec1984@btinternet.com

Junior Church • [Helen Cobb](#) • 01329 234750 • hmcathe@btinternet.com

Little Fishes • [Debbie Le Fevre](#) • 07841 189195 • deb.lefevre@ntlworld.com

Mothers' Union • [Judy Jacobs](#) • 01329 232855

PAC (People Alone Circle) • [Judi Bushell](#) • 01329 231405 • judibushell@gmail.com

Pastoral Care • [Sarah Bourner](#) • 01329 284306 • sarahbourner@hotmail.co.uk

Prayers for Justice and Peace • [Jenny Hellyer](#) • 01329 287757

Scouts • [Dave Humphrey](#) • dh1200gs@gmail.com

YOUTH Group • [Emma Bourner](#) • emmacharlie30@hotmail.com

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CHURCH WARDEN
01329 310279

[Paul Leece](#)
paul.leece@ntlworld.com



office@htscf.org.uk

PARISH OFFICE
01329 232688

[Fiona Corless and Nikki Ellis](#)
(Open 9am – 12 noon Monday to Friday)

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